

MELPARTICULARS: UPDATE

Volume 1, Number 1

E-Systems Melpar Division

January 1995

INTRODUCING. . . Melparticulars: Update

To ensure timely coverage of Division events, Melpar announces the debut of the bimonthly employee bulletin, Melparticulars: Update. This companion to Melparticulars will spotlight organizational announcements, policy changes and other time-sensitive topics of interest to personnel. Editor Alice Ross invites employees to submit ideas, articles and "Calendar of Events" items for both publications. Send your news to Mail Code N401 or e-mail it to aross.4124@fc by the second Tuesday of each month. **M**

Executive Changes Announced

Vice President and General Manager Dr. Larrie Judd recently announced several Division-level executive staff appointments.

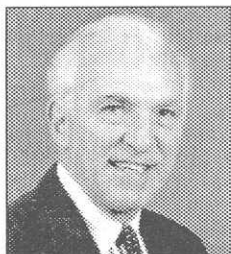
Kenneth C. Taormina has been named Vice President of Business Acquisition. Taormina joins Melpar from Martin Marietta in Valley Forge, Pennsylvania, where he was Director of Intelligence and



Kenneth C. Taormina

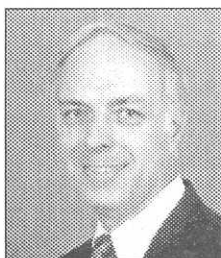
Defense Department Programs. His background also includes marketing and business acquisition responsibilities with Teledyne Brown Engineering, Unisys and GTE/Contel. He is a graduate of Georgetown University and earned a master's degree in Computer Science from the American University.

John J. Gueterman has been appointed Vice President of Finance. Prior to joining E-Systems, Gueterman served as Vice President of Finance and Chief Financial Officer for the Murray Ohio Manufacturing Company in Brentwood, Tennessee. His experience in financial leadership also includes positions at the Singer Company in Stamford, Connecticut, and General Precision Equipment Corporation



John J. Gueterman

in Little Falls, New Jersey. Gueterman graduated from Fairleigh Dickinson University with a B.S. in Accounting.



Kenneth B. Yancey

Kenneth B. Yancey, formerly Director of Human Resources, has been promoted to Vice President of Human Resources. Prior to coming to E-Systems, he held a number of Employee Relations assignments with General Electric and the Harris Corporation. In 1978, he was appointed by the Governor of Virginia to serve as State Director of Personnel and Training. Yancey is a graduate of Virginia Polytechnic Institute and holds a master's degree in Human Resources Management from the Florida Institute of Technology.

Adelbert "Buz" W. Carpenter is

the Division's Director of Program Development. His most recent assignments were as Vice Commander, 9th Reconnaissance Wing, with Worldwide U2 Operations and Vice Commander of the 2nd Air Force. Carpenter also managed the creation of the Global Operations Center at Beale Air Force Base in California where he specialized in worldwide planning and execution of battle management assets. A graduate of the U.S.



Adelbert W. Carpenter

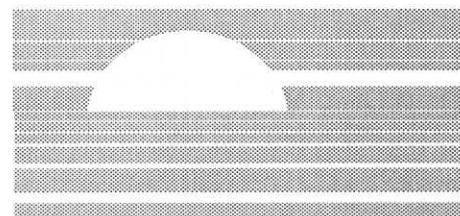
Air Force Academy, Carpenter earned his master's degree in Systems Management at the University of Southern California.

David K. Lehnertz is the Division's Director of Air Force C⁴I (Command, Control, Communications, Computers and Intelligence) Programs. Prior to serving as Executive Account Manager for C⁴I Programs at PRC Inc., Lehnertz served 27 years in the U.S. Air Force. His last military assignment was Assistant Director for Intelligence Plans and Programs for USAF Headquarters. Lehnertz graduated from the University of Wisconsin and holds an MBA from St. Edwards University.



David K. Lehnertz

In announcing these executive staff changes, Dr. Judd expressed the hope that these appointments "will serve to strengthen our Division leadership, enhance business growth, balance areas of responsibility and perpetuate the infusion of new ideas and processes required in our increasingly competitive business environment." **M**



Employees Challenged to Work on Wellness

How's this for an all-too-familiar scenario? On New Year's Day you resolved to quit smoking, cut down on caffeine consumption and work off your holiday weight. Unfortunately, due to some creative loopholes in your list of



resolutions, you haven't succeeded in achieving any of your goals. Don't worry. It's not too late to get back on track. The Melpar

Health Center has launched "Working on Wellness" ("WOW"), a wellness program designed to promote employee health and fitness in 1995.

The Health Center's first wellness event of the year, the *WOW Challenge*, kicks off February 6. During the three-week challenge, voluntary participants will attempt to achieve four of the following eight goals:

- **Fitness Frenzy** — Participate in an aerobic activity for 30 minutes three times a week.
- **Waterworks** — Drink six-to-eight glasses of water per day.
- **The Food You Chews** — Keep a daily food diary of fat grams consumed.
- **Waist Management** — Lose four pounds in three weeks.
- **Lungs At Work** — Quit smoking for three weeks.
- **Say No To Windshields** — Wear seatbelts for three weeks as a driver or a passenger.
- **Junk It** — Eat no junk food for three weeks. Eliminate desserts (except for fresh fruits).
- **The Great Stair Chase** — Use stairs instead of elevators.

Each employee who signs a WOW Challenge contract will receive a WOW button to wear during the event. Health Center nurses will monitor food diaries and weight losses once a week at each facility. They will also provide helpful literature on diet and exercise. Participants who successfully complete four of the eight activities by February 24 will receive a special prize.

Calendar of Events

February 1-28

National Heart Month
Free Blood Pressure Screening each Wednesday in February, Health Center, FC and UC

February 1

GIO, Valley Forge II, FC

February 2

Melpar Toastmasters, 11:45 a.m., Yorktown Room, FC
Management Dinner

February 6

Health Center Working on Wellness (WOW) Challenge

February 6-24

February 7

P&O, Valley Forge II, FC
Melpar Fast Talkers, 11:45 a.m., Manassas Room, UC

February 9

Communications Council Meeting, 3:00 p.m., New Market Room, UC

February 14

February 16

Melpar Toastmasters, 11:45 a.m., Shenandoah A, FC
Melpar Fast Talkers, 11:45 a.m., Manassas Room, UC

Bloodmobile, FC Cafeteria

Credit Union Board of Directors Meeting, 12:00 p.m., Antietam Room, UC

Continuous Improvement Working Group Meeting, 1:30 p.m., Appomattox Room, FC

Melpar Toastmasters, 11:45 a.m., Shenandoah A, FC

February 20

All-Employee Meeting with Dr. Judd, FC Cafeteria
• 4:45 p.m. (Exempt Employees)

February 21

All-Employee Meeting with Dr. Judd, FC Cafeteria
• 7:30 a.m. (Exempt Employees)
• 10:00 a.m. (Nonexempt Employees)
• 3:30 p.m. (Nonexempt Employees)

Melpar Fast Talkers, 11:45 a.m., Manassas Room, UC

Cholesterol Screening, 8:30 - 10:00 a.m., UC cafeteria (\$20 fee)

February 22

All-Employee Meeting with Dr. Judd, UC Cafeteria
• 7:30 a.m. (Exempt Employees)
• 3:30 p.m. (Nonexempt Employees)

February 23

All-Employee Meeting with Dr. Judd, UC Cafeteria
• 2:30 p.m. (Nonexempt Employees)
• 4:45 p.m. (Exempt Employees)

February 24

Melpar Toastmasters, 11:45 a.m., Shenandoah A, FC

Bloodmobile, UC cafeteria

Cholesterol Screening, 7:30 - 10:00 a.m., FC cafeteria (\$20 fee)

February 28

Melpar Fast Talkers, 11:45 a.m., Manassas Room, UC

According to Health Center nurse Rosalie Georgeadis, "The Melpar wellness program is designed to show employees that with a little effort, they can adopt healthier lifestyles." She urges all employees to take charge of their health, maintaining that the work environment is the best place to start.

Employees eager to meet the WOW Challenge can register with Rosalie Georgeadis at the Falls Church Health Center or Dianne Miller at the University Center Health Center. Georgeadis and Miller note that each month of 1995 will feature an exciting array of wellness events. **M**